

# KUNG FU FIGHTING

**LEVEL:** Basic

**LENGTH:** 3:30 Mins

**MUSIC:** by Bus Stop featuring Carl Douglas

**CHOREO:** Josh "Clogdog" King

Visit [www.theclogdog.com](http://www.theclogdog.com) for cue sheets & videos!

**SEQUENCE:** Intro – Verse – Chorus – Break – Verse – Chorus – Break – Clog Fu – ½ Verse – Chorus

**INTRO:** Wait 16 beats. LEFT FOOT LEAD.

Beats	Movement	Beats	Movement	Beats	Movement
<b>INTRO</b> (16 beats)		<b>VERSE</b> (64 beats)		<b>CLOG FU</b> (32 beats)	
8	Tai Chi (L)	8	2x Triple Loops	4	Leader: Punch & Jump
8	Tai Chi (R)	4	1x Rocking Chair(1/4L)	4	Class: Punch & Jump
<b>VERSE</b> (64 beats)		4	2x Basics	4	Leader: Cross Turn
8	2x Triple Loops	8	2x Triple Loops	4	Class: Cross Turn
4	1x Rocking Chair(1/4L)	4	1x Rocking Chair(1/4L)	4	Leader: Punch & Jump
4	2x Basics	4	2x Basics	4	Class: Punch & Jump
8	2x Triple Loops	8	2x Triple Loops	4	Leader: Cross Turn
4	1x Rocking Chair(1/4L)	4	1x Rocking Chair(1/4L)	4	Class: Cross Turn
4	2x Basics	4	2x Basics	4	Class: Cross Turn
8	2x Triple Loops	8	2x Triple Loops	4	The Crane!
4	1x Rocking Chair(1/4L)	4	1x Rocking Chair(1/4L)	<b>1/2 VERSE</b> (64 beats)	
4	2x Basics	4	2x Basics	8	2x Triple Loops
8	2x Triple Loops	<b>CHORUS</b> (32 beats)		4	1x Rocking Chair(1/2L)
4	1x Rocking Chair(1/4L)	4	Chain Rock (L)	4	2x Basics
4	2x Basics	4	Kung Fu Shuffle (1/4L)	8	2x Triple Loops
8	2x Triple Loops	4	Chain Rock (L)	4	1x Rocking Chair(1/2L)
4	1x Rocking Chair(1/4L)	4	Kung Fu Shuffle (1/4L)	4	2x Basics
4	2x Basics	4	Chain Rock (L)	<b>CHORUS</b> (32 beats)	
8	2x Triple Loops	4	Kung Fu Shuffle (1/4L)	4	Chain Rock (L)
4	1x Rocking Chair(1/4L)	4	Chain Rock (L)	4	Kung Fu Shuffle (1/4L)
4	2x Basics	4	Kung Fu Shuffle (1/4L)	4	Chain Rock (L)
<b>CHORUS</b> (32 beats)		4	Chain Rock (L)	4	Kung Fu Shuffle (1/4L)
4	Chain Rock (L)	4	Kung Fu Shuffle (1/4L)	4	Chain Rock (L)
4	Kung Fu Shuffle (1/4L)	4	Chain Rock (L)	4	Kung Fu Shuffle (1/4L)
4	Chain Rock (L)	4	Kung Fu Shuffle (1/4L)	4	Chain Rock (L)
4	Kung Fu Shuffle (1/4L)	4	Chain Rock (L)	4	Kung Fu Shuffle (1/4L)
4	Chain Rock (L)	4	Kung Fu Shuffle (1/4L)	4	Chain Rock (L)
4	Kung Fu Shuffle (1/4L)	4	Kung Fu Shuffle (1/4L)	4	Kung Fu Shuffle (1/4L)
4	Chain Rock (L)	<b>BREAK</b> (32 beats)		4	Chain Rock (L)
4	Kung Fu Shuffle (1/4L)	8	2x Triple Brushes (Fwd)	4	Kung Fu Shuffle (1/4L)
<b>BREAK</b> (32 beats)		8	4x Basics (1/2L)	4	Chain Rock (L)
8	2x Triple Brushes (Fwd)	8	2x Triple Brushes (Fwd)	4	Kung Fu Shuffle (1/4L)
8	4x Basics (1/2L)	8	4x Basics (1/2L)	1	<b>STEP!</b>
8	2x Triple Brushes (Fwd)				
8	4x Basics (1/2L)				

**Step Explanations for: 'Kung Fu Fighting' - Choreo by: Josh King**

**TAI CHI: (8)**

Step(os) R Step(together) - Bounce knees 4 times

L R L  
1-2 3 4 5 - 6 - 7 - 8

**TRIPLE LOOP: (4)**

DS(os) DS(xif) DS(os) S(xib)

L R L R  
&1 &2 &3 4

**ROCKING CHAIR: (4)**

DS BR-SL DS RS

L R L R LR  
&1 & 2 &3 &4

**CHAIN ROCK: (4)**

DS RS RS RS (moving left)

L RL RL RL  
&1 &2 &3 &4

**KUNG FU SHUFFLE: (4)**

Kick(os) S DR-SL DR-SL

R R B B B R  
1 2 & 3 & 4

**TRIPLE BRUSH: (4)**

DS DS DS BR-SL

L R L R L  
&1 &2 &3 & 4

**BASIC: (2)**

DS RS

L RL  
&1 &2

**PUNCH AND JUMP: (4)**

Punch L arm - Punch R arm - Hop(apart) Hop(tog) Hop(apart)

Across body Across body B B B  
1 2 3 & 4

**CROSS TURN: (4)**

Hop(apart) Hop(cross) \*turn 360 L\* Clap

B RxifL  
1 2 (3&) 4